

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ

Semester

5<sup>th</sup>

Roll no

031

Submitted to

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Depart

Applied Psychology

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# Paraphilic Disorder

# Paraphilia

Derived from the Greek words

‘Para’ meaning next to

‘Philia’ meaning love

The etymological definition of paraphilia is ‘next to or along of love’

Recurrent intense sexually arousing fantasies ,sexual urges, or behavior generally involving 1)non- human object 2)children or other non-consenting person that occur over a period of least 6 month .

Paraphilic disorder is a paraphilia that is currently causing distress or impairment to the individual or a paraphilia whose satisfaction has entailed personal harm,or risk to other.

# DSM-5 Criteria for Paraphilic Disorder

## Criteria A

Specifies the 'qualitative nature' of paraphilia (e.g. an erotic focus on children on exposing the genitals to strangers).

## Criteria B

Specifies the 'negative consequences' of the paraphilia (e.g. distress impairment, or harm to other).

# Characteristics of person with a Parahilia

Beside normal sexual behavior paraphilia disorder involve 'aggression , victimization, and extreme one-sidedness .

The behavior include or harm other and disrupt the potential for bonding between persons.

Usually lasts for 6months.

Always thinking to carry out their unusual behavior.

The individual will lose sight of other goals and concentrate of the fulfilment of their sexual desire if worse.

It causes intense personal distress or impairment in social work and other areas of life functioning.

Except for sexual masochism & sadism almost all cases of paraphilia involve MEN.

# Historical aspect

Richard von Krafft-Ebing a German psychiatrist credited with formally introducing the study of sexology as a psychiatric phenomenon, identified paraphilia's first in his 1886 *Psychopathia sexualis*

The term paraphilia was coined by psychologists in the early 1900s.

The term paraphilia first appears in the third version of the DSM classification. In the first version of the DSM published in 1952.

In DSM-II sexual deviation were classified with the personality disorder.

# Etiology

The etiology of paraphilia's is unknown.

Psychoanalytical theory : these condition represent to or a fixation at an earlier level of psychosexual development resulting in repetitive pattern of sexual behavior that is mature in its application and expression

The persistent repetitive nature of the paraphilia is caused by an inability to erase the underlying trauma completely.

Behaviorist theory : the paraphilia begins via a process of conditioning .Nonsexual objects can become sexually arousing if they frequently repeatedly associated with a pleasure able sexual activity.



# The following are situation or causes that might lead someone in a paraphilia direction

A young boy who is sexually abused

Excessive alcohol intake

Sociocultural factors

Psychosexual trauma

DSM-V include eight specifies paraphilia's outlined of the additional

# Voyeuristic Disorder

DSM-V Diagnostic criteria

A. over a period of at least 6 months, recurrent and intense sexual arousal from observing an unsuspecting person who is naked, in the process of disrobing, or engaging in sexual activity, as manifested by fantasies, urges or behavior.

B. the individual experiencing the arousal and/or acting on the urges is at least 18 years of age.

The word comes from the term VIOR. Meaning 'to see'

This disorder is more common in men.

# Exhibitionistic Disorder

Diagnostic criteria DSM-V

A. over a period of at least 6 months, recurrent and intense sexual arousal from the exposure of one's genital to an unsuspecting person as manifested by fantasies, urges, or behaviors

Sexually aroused by exposing genitals to prepubertal children

Sexually aroused by exposing genital to physically mature individual

Exhibitionism also known as 'flashing or indecent exposure'.

Occurs predominantly in men.

Orgasm is brought about by masturbation during or after the event.

# Frotteuristic Disorder

## Diagnostic criteria

A. over a period of at least 6 months, recurrent and intense sexual arousal from touching or rubbing against a non consenting person as manifested by fantasies, urges or behavior.

B. the individual has acted on these sexual urges with non consenting person.

Derived from the word 'frotter' meaning to rub;

Frotteurism is described only in men.

# Sexual Masochism Disorder

## Diagnostic criteria

A. over a period of at least 6 months, recurrent and intense sexual arousal from act of being humiliated, beaten bound, or otherwise made to suffer, as manifested by fantasies, urges, or behavior.

More common men than among women.

About 30% of those with sexual masochism also have sadistic fantasies

Three main characteristics of masochism are pain, loss of control, and humiliation.

# Sexual Sadism Disorder

Diagnostic criteria DSM-V

A. over a period of at least 6 months, recurrent and intense sexual arousal from the physical or psychological suffering of another person as manifested by fantasies , urges, or behavior.

The individual has acted on these sexual urges with a non consenting person or the sexual urges or fantasies cause clinically significant distress or impairment in social.

The onset of the disorder is usually before the age of 18 years and most person with sexual sadism are male

Krafft-Ebing sub classified sexual sadism

1.Lust murder

# Pedophilic Disorder

Diagnostic criteria DSM-V

A. Over a period of at least 6 months, recurrent intense sexually arousing fantasies sexual urges or behavior involving sexual activity with a prepubescent child or children (generally age 13 years) .

B. The individual is at least age 16 years and at least 5 years older than the child or children in criterion A.

Specify [Exclusive type (.attracted only to children)

Non exclusive type

Sexual attracted to male

Sexual attracted to female

50% to 70% of pedophiles can be diagnosed as having another paraphilia such as frotteurism exhibitionist or sadism

# Fetishistic Disorder

Over a period of at least 6 months, fetishism is where a person feels a strong recurrent sexual attraction to a non living object.

People with this are always preoccupied with the object of desire and they become dependent to it as an object for sexual gratification.

They do unusual actions to the desired object like sucking ,smelling , fondling, and cutting

Objects include shoes ,gloves, stockings,etc

Almost exclusively found in men



# Transvestic Disorder

## Diagnostic criteria

Over a period of at least 6 months .recurrent and intense sexual arousal from cross dressing,

A syndrome found only in males

A disorder man has an uncontrollable urge to wear a women clothing as primary means of a achieving sexual gratification

This sexual gratification has a compulsive quality and consumes a lot of emotional energy.

The literal meaning of the word transvestism is to wear the clothing of the opposite sex

# Treatment

Paraphilia's seldom seek treatment because of their guilt, shame, and fear of the social ostracism and legal problem.

Five type of psychiatric intervention are used treat person with paraphilic disorder and paraphilic interest, external control, reduction of sexual drives, behavioral therapy, and dynamic psychotherapy.

Surgical treatment consist two type Neurosurgery and Castration.

Cognitive behavioral therapy.

**Thank you - Any questions?**

